



# RESTORATIVE HAND THERAPY

**Training Date: February 25, 2016**

## IDEAL FOR

*Long Term Care Staff  
R.N.'s, R.P.N's  
Restorative  
Recreation  
P.T.A's*

## REGISTER TODAY!

**\$63** *per student  
includes tax*

Includes a personalized  
certificate of completion,  
manual, hand chart

**Fax form to 705-446-1377  
or Call 705-446-0081**

Submit Payments to  
Communication Connections  
477 Ontario St., Collingwood L9Y 4B9

**Sienna Senior Living,  
Woodhall Park  
10260 Kennedy Rd, Brampton**

## IN-DEPTH COVERAGE OF:

- ★ Prevention of Contractures
- ★ Soft manipulation massage for stiff joints
- ★ Principles of hand therapy
- ★ Principles of hand reflexology
- ★ Documentation for MDS

## IMPROVED RESIDENT WELL-BEING:

- ★ Decreased Anxiety and Agitation
- ★ Decreased Pain and Stiffened Joints
- ★ Increased Relaxation
- ★ Increased Circulation
- ★ Increased Range of Motion
- ★ Increased Sleep Patterns

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*Facilitated by Sharron Brigham, Registered Reflexology Practitioner  
and Restorative Therapist*



## REGISTRATION INFO

Name: \_\_\_\_\_

Facility (if applicable): \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_